



SMALL PLATES

Celeriac, Hazelnut & Truffle Soup

traditional brown soda bread

contains: 1, 2, 5, 8, 25

€7.00

Prawn & Crayfish Cocktail

traditional homemade soda bread,

contains: 1, 2, 3, 8, 9, 10, 11

€9.95

West Coast Seafood Chowder

traditional brown soda bread

contains: 1, 2, 3, 4, 8, 10, 11

€9.95

Bruschetta of King Prawn & Chorizo

toasted sourdough bread

contains: 1, 2, 3, 4, 8, 10, 11

€12.00

Buffalo Chicken Wings

sour cream

larger portion served with fries €14.95

contains: 2

€8.95

SANDWICHES

served with skin on fries or soup - 12.00pm - 5.30pm

Harissa Chicken & Feta on Lebanese Flat Bread

pomegranate pearls, lettuce, tomato, mint yogurt

contains: 2, 8

€12.95

Falafel & Hummus in a Beetroot Tortilla

beetroot, hummus, lettuce, tomatoes

contains: 8, 15

€11.50

Toasted Ruben on Sourdough

pastrami, sauerkraut, swiss cheese, gherkins

contains: 1, 2, 6, 9

€13.95

Prawn & Crayfish Open Sandwich

soda bread, marie rose sauce, baby gem lettuce

contains: 1, 2, 4, 8, 7, 10, 11, 15

€13.50

Triple Decker Toasted Club

chicken, bacon, lettuce, boiled egg, mayo

contains: 1, 2, 8, 14

€14.95

Ham Hock & Smoked Cheddar Cheese Toastie

available on white or brown bread

contains: 2, 8, 14

€11.50

SALADS

add grilled chicken or seared salmon for €5.50

Classic Caesar Salad

bacon, lettuce, crunchy croutons,

grana padano shavings, caesar dressing

contains 1, 2, 8

€12.95

Nourish Bowl

lettuce, feta, watermelon, mango, rocket, kale, vine tomatoes,

cucumber, avocado, edamame, red onion, quinoa, brown

rice, french dressing

contains: 2, 6, 14

€13.95

LARGE PLATES

Connemara Bacon & Cheese Burger

skin on fries

contains: 1, 2, 5, 6, 7, 8, 14, 15

€19.50

8oz Ribeye Steak

skin on fries, peppercorn sauce

contains: 2, 5, 14

€34.50

Trio of Fish n Chips

skin on fries, pea puree, tartar sauce

contains: 1, 2, 4, 5, 7, 8

€23.00

8oz Sirloin Steak

skin on fries, peppercorn sauce

contains: 2, 5, 14

€32.50

Wild Mushroom Risotto

smoked gubbeen, truffle oil, arugula salad

contains: 2

€19.00

SIDES

Champ Potatoes

€5.00

contains: 2

Skin on Fries

€5.00

contains: 2

Truffle Parmesan Fries

€5.00

contains: 2

Mixed Salad

5.00

french dressing

contains: 2